



Planning with Purpose

Understanding Choice & Advance Care Planning



Join us for an engaging and empowering community conversation during Advance Care Planning Month.

Planning ahead can help ensure that your voice, values, and choices are respected throughout your life. This one-hour session is designed for individuals with disabilities, older adults, caregivers, family members, and anyone supporting a loved one who wants to better understand how advance care planning can bring clarity, confidence, and peace of mind.

Together, we will explore how thoughtful planning can help individuals and families start meaningful conversations, understand available tools, and take practical steps to ensure that personal wishes and care preferences are understood and respected.

APRIL 23RD, 2026

10:00-11:00AM

Takoma Park Community Center
7500 Maple Avenue
Takoma Park, MD 20912

SPEAKER

Anna Moretti, RN, JD, ANP

What We Will Discuss

- What advance care planning means
- Why it is especially important in the aging and disability space
- Tools available in Maryland, including Advance Directives, Five Wishes, conversation guides, and information about the MOLST form
- How to begin conversations with loved ones

For questions, contact Beza Gebrehana
CEPrograms@SC-Inc.org



Register today by scanning the QR code at the left or call **240-852-0264**.

Registration required.

Space is limited. Advance registration is required.