

Community Food Resources in Maryland

On November 1, 2025, Supplemental Nutrition Assistance Program (SNAP) benefits may be stopped which would impact almost 42 million people across the nation, including people with developmental disabilities. This is due to the current government shutdown.

Service Coordination, Inc. (SCI) has compiled this information as a resource for the people we support. Our case managers will continue to work directly with the people we support to identify specific resources which best suit their needs and circumstances. Please contact these organizations directly for the most up-to-date information on accessibility accommodations (e.g., parking, lines, navigation) which may affect individuals who are elderly or use assistive devices.

To learn more about SCI, please [visit us online at ServiceCoord.org](https://ServiceCoord.org).

The Maryland Food Bank maintains an online directory which can be searched by zip code: <https://mdfoodbank.org/find-food/>. To jump directly to resources in your city or county, please click the appropriate link below.

[Across Maryland](#)

[Allegany County](#)

[Anne Arundel County](#)

[Baltimore City](#)

[Baltimore County](#)

[Calvert County](#)

[Carroll County](#)

[Charles County](#)

[Frederick County](#)

[Garrett County](#)

[Harford County](#)

[Howard County](#)

[Montgomery County](#)

[Prince George's County](#)

[St. Mary's County](#)

[Washington County](#)

Across Maryland

- [List of Community Food Resources in Maryland by Region from Maryland.gov](#)
- [211 Maryland – Food Resources](#)
- [Maryland Food Bank](#)
- [Capital Area Food Bank](#)
- Maryland Hunger Solutions SNAP application assistance: 1-866-821-5552
- [Apply for SNAP online](#)
- [WIC](#)

This information is provided as a courtesy only and does not represent endorsement of any provider.

Please contact these local resources directly for more information.

We encourage you to contact these organizations directly for details on accessibility accommodations (e.g., parking, lines, navigation) which may affect individuals who are elderly or use assistive devices.

Community Food Resources in Maryland (*continued*)

Allegany County

- [Allegany County Food Resources List](#)
- [The Pantry at Allegany College](#)
- [Western Maryland Food Bank](#)

Anne Arundel County

- [Pantry and Resource List](#)
- [Anne Arundel County Food Resources](#)
- [Anne Arundel Food Bank](#)
- [Food Resources at the AAC Public Library](#)
- [Harvest Resources](#)
- **Español:** [Recursos alimentarios en la biblioteca](#)
- **Español:** [Lista de Despensa Alimentos Y Recursos](#)

Baltimore City

- [Charm Care](#)
- [The Food Project](#)
- [So What Else Baltimore](#)
- [Home Delivered Food Box Program](#) (Baltimore City Health Department)
- [Produce Box Distribution Program](#) (Baltimore City Department of Planning)
- [B'More Fresh](#) (Baltimore City Department of Planning)
- [Pratt Free Market](#)
- [4MyCity](#)
- **Español:** [So What Else Spanish-Speaking Food Support Information - Isabella Yanez](#)
(240) 471-5995

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Community Food Resources in Maryland (*continued*)

Baltimore County

- [Baltimore County Food Pantry Locator](#)
- Senior Food Assistance: Seniors experiencing food access needs may call 410-887-2594 or email aginginfo@baltimorecountymd.gov.
- **Español:** [Encuentra Comida Gratis En Baltimore](#)

Calvert County

- [Southern MD Food Connection](#)
- [Our Calvert Food Assistance](#)
- [St. John Vianney Inter-Faith Food Pantry](#)

Carroll County

- [Westminster Rescue Mission](#)
- [Carroll County Food Pantry and Soup Kitchen Directory](#)
- [Carroll County Food Resource Guide](#)
- [Carroll County Food Sunday](#)
- **Español:** [¡Bienvenido a CCFS!](#)

Charles County

- [Southern MD Food Connection](#)
- [Charles County Food Connection Pantry List](#)
- **Español:** [Charles County despensa de alimentos](#)

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Community Food Resources in Maryland (*continued*)

Frederick County

- [Frederick County Food and Nutrition Resources](#)
- [Frederick County Community Resource Guide](#)
- [FeedingFrederick.com](#)
- [Frederick Rescue Mission Bread of Life Kitchen](#)
- [Frederick Rescue Mission Food Distribution Center](#)
- **Español:** [Frederick County Recursos de Comida](#)

Garrett County

- [Food Brochure with contact information for food resources in Garrett County:](#)
- [Garrett County Food Resource Map](#)

Harford County

- [Healthy Harford](#)
- [Harford Community Action Agency Food Pantry](#)
- [Hartford County Food Pantries](#)
- **Español:** [Harford County Despensas de Alimentos](#)

Howard County

- [Community Action Council of Howard County](#)
- [Howard County Food Connection Map](#)
- [Howard County Food Pantries & Hot Meals](#)
- [MultiService Center Food Pantry](#)

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Community Food Resources in Maryland (*continued*)

- **Español:** [MultiService Center Despensa de Alimentos](#)
- **Español:** [Howard County Despensas \(alimentos no preparados\)](#)

Montgomery County

- [Manna Food Center](#)
- [Montgomery County Food Council](#)
- [So What Else Montgomery County](#)
- [Montgomery County Office of Food Systems Resilience Food Resources](#)
- **Español:** [Montgomery County Office of Food Systems Resilience Food Resources](#) - Si usted necesita asistencia en español, por favor comuníquese con el Centro de Recursos para Inmigrantes Gilchrist al 240-777-4940.
- **Español:** [Directorio de Recursos de Asistencia de Comida en el Condado de Montgomery](#)

Prince George's County

- [Prince George's County Food Equity Council](#)
- [PG County Food Pantry Resources List](#)
- [PG County Food Equity Council](#)
- [PG County Food Distribution Sites](#)
- [UCAP | Food Assistance](#)

St. Mary's County

- [Southern MD Food Connection](#)
- [St. Mary's County Food Pantries List](#)
- [Feed St. Mary's](#)

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Community Food Resources in Maryland (*continued*)

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Community Food Resources in Maryland (*continued*)

Washington County

- [Washington County Community Action Council Food Pantry](#)
- [Washington County Food Pantries](#)
- [Hagerstown Area Religious Council](#)
- **Español:** [WASHINGTON COUNTY DESPENSAS DE ALIMENTOS](#)

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