

State and Community Resources

General:

Department of Health and Mental Hygiene (DHMH): Provides wide overview of Information, options and services regarding Medical Insurance and Medical Waiver Services provided to Individuals. (410)767-6500, or 1(877)-463-3464, 201 W. Preston Street, Baltimore, MD 21201; <https://mmcp.dhmh.maryland.gov/chp/Pages/Home.aspx>; programs include:

- **Maryland Children’s Health Program (MCHP):** Medical Assistance for children
- **Employed Individuals and Disabilities (EID):** For individuals who work and do not meet regular MA guidelines. Maryland Primary Adult Care Program (PAC) provides pharmacy /basic health services.
- **Community Personal Care Assistance (CPAS):** Assists with nurse monitoring/supports in the home.
- **Community First Choice (CFC):** Provides community services/supports to older adults and people with disabilities who live in their own homes. Contact (410) 767-1739.
- **Community Options Waiver:** Provides community services/supports and must meet a nursing facility level of care. Call (410) 767-1739 or the Waiver Services Registry at 1 (844) 627-5465.

Developmental Disabilities Administration: Administration within DHMH that provides services and resources for people with developmental disabilities. <http://dda.dhmh.maryland.gov/Pages/dda.aspx>;

- Central Region, 1401 Severn Street, Baltimore, MD 21230, (410) 234-8200
- Western Region, 1360, Marshall Street, Hagerstown, MD 21740 (301) 791-4670

Maryland Department of Disabilities (MDOD): Information on Transportation Services, Taxi Voucher, Mobility, Paratransit/Vehicle Modifications. 1(800)637-4113, <http://mdod.maryland.gov>, includes:

- **Maryland Technology Assistance Program (MDTAP):** Program of the Maryland Department of Disabilities. Supports access to assistive technology (AT) devices and services; mdtap@mdtap.org; 1-800-832-4827; <http://mdod.maryland.gov/mdtap/Pages/MDTAP-Home.aspx>

Maryland Department of Human Resources: Provides links to link to applying to Department of Social Services, food stamps, temporary cash assistance, Medical Assistance, etc.

<https://mydhrbenefits.dhr.state.md.us/dashboardclient/#/home>

Medical Assistance: Apply at <https://www.marylandhealthconnection.gov/>, by phone 1(855) 642-8572, or by applying at your local Health Department or Department of Social Services Agency in your County.

Social Security Administration: Social Security Disability Income (SSDI), Social Security Income (SSI), Retirement benefits; 1(800) 772-1213, <https://www.ssa.gov>

Maryland Access Point: Service that connects people to health and support services throughout Maryland.

1-844-627-5465; <https://www.marylandaccesspoint.info/consumer/index.php?mobile=false>

MARYLAND COMMUNITY SERVICES LOCATOR (MDCSL): Provides links to local Department of Social services (DSS) for: Applying for food stamps, Temporary Cash Assistance (TCA), Medical Assistance, BGE Assistance and many more resources; http://www.mdcs.org/avjsc/csl_locators.asp; Also includes:

- **2-1-1 Maryland:** Provides connection to health and human services resource in community. 24 hours a day/7 days a week; Phone: 211; <http://211md.org/>

<https://mydhrbenefits.dhr.state.md.us/dashboardclient/#/home>

Employment Resources (assistance with career counseling, training and finding employment)

Division of Rehabilitation Services (DORS): Serves all counties; (410) 554-9442; <http://dors.maryland.gov>

Maryland One Stop Career Centers: Serves all counties; (410) 230-6001, <http://www.dllr.state.md.us/county/>

Maryland PROMISE (MD PROMISE): Free statewide program and research study designed to assist eligible young adults who receive Supplemental Security Income (SSI) who are planning for the youth's transition from school into adulthood. 1-888-232-8554; Website: <http://mdpromise.org/>

Housing (for people with low income, elderly, and/or individuals with disabilities)

Maryland Department of Housing and Community Development: Programs include: Housing Choice Program (Section 8) & Home Ownership for Individuals with Disabilities (HIDP). (301) 429-7751; <http://dhcd.maryland.gov>

US Dept. of Housing and Urban Development: Rental Housing/Rental Assistance /Subsidized Apartments
<http://portal.hud.gov/hudportal/HUD?src=/states/maryland>

Maryland Housing Search: For locating affordable rental housing; <http://www.mdhousingsearch.org/>

Legal Assistance

Disability Rights Maryland (DRM): Offers free legal aid to people with disabilities; 1500 Union Avenue, Suite 2000, Baltimore, MD 21211, (410) 727-6352; Toll Free 1 (800)-233-7201;
www.DisabilityRightsMD.org

Pro Bono Resource Center of Maryland (PBRC): Locate Pro Bono Attorneys in MD; (401) 837-9379;
<http://probonomd.org>

Mental Health

Maryland Association of Core Service Agencies (MACSA) (All Maryland Counties): Provides mental health services/referrals, case management etc.; Phone: (301)682-9754;

Website: <http://www.marylandbehavioralhealth.org/core-service-agency-directory>

Psychological Testing (Sliding Scale)

Humanim, 6355, Woodside Ct, Columbia, MD (410) 381-7171; www.humanim.com

Loyola Clinical Center, 5911 York Rd, Suite 100, Baltimore, MD (410) 617-1200;
www.loyola.edu/clinics

Future Planning Advanced Directives/Guardianship

Maryland Healthcare Decision Making: <http://marylandadvancedirectives.com/index.php>

EMERGENCY ASSISTANCE (Call 911 in the event of an emergency)

MD Crisis Hotline: 1 (800) 422-0009